

Dear Parent(s)/guardian/ Carer

As a part of your child's education at Willenhall E-ACT Academy, we promote personal wellbeing and development through a comprehensive Personal, Social, Health and Economic (PSHE) education programme. PSHE education is the curriculum subject that gives young people the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential. All PSHE teaching takes place in a safe learning environment and is underpinned by the academy's ethos and values of **'respect of self, respect for others, responsibility for own actions, responsibility for family, friends, school and the community, and respect for the institutions of civil and partnership and marriage'**.

(Relationships and Sex Education Secondary Policy)

I am writing to let you know that over the next 6 weeks based on the legal framework and guidance, starting on **Thursday 22nd April**, your child's class will be taking part in lessons which will focus on the relationships and sex education (RSE) aspect of the PSHE programme. Pupils will have opportunities to ask questions that help prepare them for relationships of all kinds in the modern world.

RSE lessons in years 7-11 will include teaching about:

<i>Friendships and intimate relationships</i> <i>To understand how intimacy can be about close familiarity or friendship and not physical closeness.</i>	<i>Gender identity</i> <i>To understand how individuals identify themselves based on their gender identity and sexual orientation.</i>
<i>Developing self-esteem and confidence</i> <i>To understand how self-esteem and confidence influences the way individuals have relationships with food, diet, body image.</i>	<i>Attitudes and risks</i> <i>To understand why people, take certain risks based on their attitudes to relationships whether romantically or just friendly.</i>
<i>Families and changes</i> <i>To understand possible effects to individuals or families, where relationships breakdown.</i>	<i>Consent and keeping safe</i> <i>To understand what is meant by consent in order to be safe.</i>
<i>Healthy and unhealthy relationships</i> <i>To understand boundaries in relationships and develop self-esteem and self-worth.</i>	<i>Conflict and resolution</i> <i>To understand how conflict can arise in different social settings such as schools and home, and possible solutions to resolve things.</i>

As a school community, we are committed to working in partnership with parents and appreciate your continued support of Willenhall E-ACT Academy in delivering lifelong learning that is accessible to all students. If you have any questions about the topics, please do not hesitate to contact me using the details below.

Yours sincerely,

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