

## **Physical Education Curriculum Intent and Rationale**

In the Physical Education department, we have a 3 year KS3 curriculum which enables and offers the students the opportunities to explore and discover a range of sports and also develop their knowledge in these areas. The aim of the curriculum is to give the students high quality lessons which will engage and motivate them in a range of sports but also instil a love for sport. As the pupils progress they will develop a range of fundamental skills, tactics and theory knowledge. They will also develop a range of transferable skills which will be vital for their future this include but not limited to: teamwork, communication, resilience, problem solving and leaderships.

The students will experience as range of different sports that they will develop on throughout the curriculum from year 7 to year 11. The students will build on their knowledge they have of these sports and develop it further and apply across a range of different one. There will experience a variety of sports which cover many different areas such as invasion games, striking and fielding, racket sports and many more. This means that all students will have the chance to develop and experience a range of sports that they can continue to play outside of school.

The students in year 7 will build of the previous knowledge and experiences of sports and develop good technique in the basic elements to enable them to progress in the sport. They will learn transferable skills that can be applied in more than one sport. In year 8 they will continue to develop skills but apply tactics and understand how they can impact the game. This will build on the skills and also introduce new more advanced skills for the students to apply. In year 9 the students will be developing theory knowledge to the sports that they have been developing their knowledge on over the two previous years. This means that they will still be active and playing the sports they have been developing but just applying different knowledge and getting them to link it to health living and leadership

The sports that the students experience are chosen as they can be developed further by having school competitions in the area but also sports that are accessible in the community. This means that the students after experiences this in school can further develop these through clubs or playing with friends at local community hubs. This is very important as we want to develop a love and enjoyment in sports so that students continue to experience these for the rest of their lives.

In KS4 the students have the option to select BTEC Sport to enhance their knowledge and curiosity for sport further. They will use the skills and knowledge that they have developed in KS3 and apply these to the course. The unit we have selected for the optional one is a leadership one that the students will have had experience in therefore they should feel confidence and comfortable when accessing this unit. There are 3 compulsory units with one exam. The online exam is the first unit that the students will start with in year 10 as it draws on the knowledge they were learning in year 9. Another unit that is covered in year 10 is the practical sports unit (unit 2) this gets the students to displays their skills they have developed in KS3 but also know and apply the rules of the sports.

In PE we also ensure that we underpin the E-ACT values which are: do the right thing, think big & team spirit. These are demonstrated throughout our curriculum and are values that are important in all sports. Doing the right thing is displayed by following the rules, being fair and responsible which is always important for sports people to follow. Thinking big can be applied in every lesson, like how do they use it across sports, how could they coach other students, how can they excel. The last value is team spirit, this is massively important and it is a key focus to ensure that all students are supportive and encourage all students to help them achieve their best.